



## PROGRAM OVERVIEW

- Competitive tournament teams will be formed with girls in 2nd through 8<sup>th</sup> grades in the Southeast Polk school district.
- The goal of this program is to develop girls for high school basketball, rather than to win grade level championships.
- RBC will strive to develop girls for the next stage of their basketball development.
- There will be one or three teams per grade, depending upon the number of players. There may not be roster spots for all girls that tryout. However, as a general rule, most girls make a team.

## TRYOUTS

- RBC teams are selected based on a thorough and objective tryout process. The tryout dates for this year are **Aug 18th**. This is a closed tryout. Your grade's tentative tryout time is below.
  1. **2nd-3rd grade tryouts will be 4-5pm at the High School**
  2. **4th-5th grade tryouts will be from 5-6 pm at the High School**
  3. **6th-8th grade tryouts will be 6-7 pm at the High School**
- If interested in playing on an RBC team, you will need to participate in tryouts. If you have conflicts with the date, contact RBC at [SEPRAMSBBCCLUB@gmail.com](mailto:SEPRAMSBBCCLUB@gmail.com)
- Athletes who sign up to tryout prior to August 4th will receive an RBC tryout t-shirt

## TEAMS (3rd-8th Grade)

- Teams will be announced on or before Sunday, September 1, via the RBC website -- <http://www.sepramsbasketballclub.org>.
- Each team will be assigned practice time at a SEP school gym for 60-90 minutes at least twice per week, sometime between 5:30-8:00 pm while school is in session.
- Practices are typically Monday and Thursday in order to allow girls to attend varsity games on Tuesday and Friday.
- We encourage those who do not make an RBC team to continue working on skills through other teams/leagues and tryout again the following season.

## TEAMS (2nd Grade)

Due to the age of second grade players, our program looks little different for this group.

- Each team will practice for a 60 minute time block, once per week.
- Practices will be at a high school to allow the use of a 9' hoop.
- For the first half of the season (Nov-Dec), teams will focus on building skills and playing 3vs3 without league games. During the second half of the season (Jan-Feb), 2nd grade teams will join a local basketball league to play against similar teams.
- As entry level players, fees will be \$124 for uniforms, and \$103 for the season

## COACHING

- Teams at each grade will be led by parent coaches.
- Coaches will be assisted by the SEP high school coaches and other Rams club coaches.
- The RBC Board and the Southeast Polk varsity program put a strong emphasis on developing young girls "the Ram's way".

## FEES AND FINANCIAL COMMITMENT

For the 24-25 our 3rd-8th grade fees will be:

- Tryout Fee \$21 (due prior to tryouts on Aug 18th)
- Uniform Fee \$124 (due Sept 1)
- Payment 1-\$103 (due Sept 1)
- Payment 2-\$185 (due Oct 14)

For the 24-25 our 2nd grade fees will be:

- Tryout Fee \$21 (due prior to tryouts on Aug 18th)
- Uniform Fee \$124 (due Sept 1)
- Payment-\$103 (due Sept 1)

Please note: This season we will be purchasing a new uniform. These will be used for this season and the 25-26 basketball season.

Your RBC fee includes the following:

- ✓ Coaching assistance from SEP high school coaches
- ✓ High quality reversible uniform and warm up to be kept by the player
- ✓ Practice facility within the SEP school district with dedicated practice times
- ✓ Up to nine tournaments, depending upon grade level and tournament selection
- ✓ Locker room visit during a varsity game
- ✓ Team building activities with the Southeast Polk varsity team, including a pizza party after a practice

Besides the initial enrollment fee, families will incur other expenses such as gate admission into tournaments, and discretionary purchases of clothing or merchandise, food and travel expenses at tournaments. Additional entry fees are possible if a team chooses to enter tournaments beyond the RBC tournament allotment.

Scholarships are available for those who qualify. Please email RBC [SEPRamsBBCLUB@gmail.com](mailto:SEPRamsBBCLUB@gmail.com) for the scholarship application. This form needs to be turned in prior to tryouts.

## REGISTRATION

- **Please register prior to tryouts.** Also please consider making your payment at the same time to make check in more efficient for your daughter at tryouts. You can enroll and pay fees online at: <http://www.sepramsbasketballclub.org/rbc-information.html>.
- Please like the RBC Facebook and Twitter pages. We will be communicating special dates and events on these pages.
  - ✓ Facebook: Rams Basketball Club – RBC
  - ✓ Twitter: @RamsBball\_RBC