



Southeast Polk Schools July 2024 Free Summer Meals Menu



Free Meals for Children and Teens 18 and Under				
Serving Daily: 11:30am-12:30pm at Willowbrook Elementary & Altoona Elementary				
Monday, 7/1	Tuesday, 7/2	Wednesday, 7/3	Thursday, 7/4	Friday, 7/5
Chicken Tenders w/Goldfish Pretzels Steamed Corn Baby Carrots Assorted Fresh Apples Milk	Chicken Patty on Whole Grain Bun Steamed Peas Cherry Tomatoes/Baby Carrots Orange Smiles Milk	Softshell Beef Taco w/Shredded Lettuce & Diced Tomatoes Baby Carrots Peach Cup Milk	No Meal Service Happy 4 th of July!	No Meal Service Happy 4 th of July
Monday, 7/8	Tuesday, 7/9	Wednesday, 7/10	Thursday, 7/11	Friday, 7/12
Chicken Nuggets w/Goldfish Steamed Local Edamame Baby Carrots Apple Slices Milk	Cheeseburger on Whole Grain Bun Steamed Green Beans Broccoli/Baby Carrots Applesauce Cup Milk	Walking Taco w/Shredded Lettuce & Diced Tomatoes Baby Carrots Banana Milk	French Toast w/Egg Patty Potato Wedges Celery/Baby Carrots Fresh Watermelon Milk	Stuffed Crust Cheese Pizza Romaine Salad w/Ranch Assorted Fresh Veggies/Baby Carrots Assorted Fresh Fruit Milk
Monday, 7/15	Tuesday, 7/16	Wednesday, 7/17	Thursday, 7/18	Friday, 7/19
Popcorn Chicken w/Whole Grain Roll Steamed Mixed Veggies Baby Carrots Fresh Pear Milk	Tenderloin on Whole Grain Bun Steamed Carrots Snap Peas/Baby Carrots Strawberry Cup Milk	Softshell Chicken Taco w/Shredded Lettuce & Diced Tomatoes Baby Carrots Fresh Cantaloupe Milk	Pancakes w/Egg Omelet Tater Tots Cauliflower/Baby Carrots Fresh Kiwi Smiles Milk	Breaded Cheese Sticks w/Marinara Cup Spinach Salad Assorted Fresh Veggies/Baby Carrots Assorted Fresh Fruit Milk
Monday, 7/22	Tuesday, 7/23	Wednesday, 7/24	Thursday, 7/25	Friday, 7/26
Chicken Tenders w/Goldfish Pretzels Steamed Corn Baby Carrots Assorted Fresh Apples Milk	Chicken Patty on Whole Grain Bun Steamed Peas Cherry Tomatoes/Baby Carrots Orange Smiles Milk	Softshell Beef Taco w/Shredded Lettuce & Diced Tomatoes Baby Carrots Peach Cup Milk	Bacon & Egg Breakfast Pizza w/Sausage Patty Tater Tots Cucumber Slices/Baby Carrots Fresh Honeydew Chunks Milk	Pizza Crunchers Steamed Broccoli Assorted Fresh Veggies Assorted Fresh Fruit Milk
Monday, 7/29	Tuesday, 7/30	Wednesday, 7/31		
Chicken Nuggets w/Goldfish Steamed Local Edamame Baby Carrots Apple Slices Milk	Cheeseburger on Whole Grain Bun Steamed Green Beans Broccoli/Baby Carrots Applesauce Cup Milk	Breaded Cheese Sticks w/Marinara Cup Spinach Salad Assorted Fresh Veggies/Baby Carrots Assorted Fresh Fruit Milk	Enjoy your summer!!! Back to school is right around the corner!	

This institution is an equal opportunity provider. Menu is subject to change due to availability.



Parking & Entrance Information for Free Summer Meals



Altoona Elementary
301 6th Street SW, Altoona, IA 50009

Willowbrook Elementary
300 17th Avenue SW, Altoona, IA 50009



Meals are served and must be consumed on-site.
Children under the age of 5 are encouraged to come with an adult, feeding assistance is unavailable
Special Dietary Needs – Please contact Sara Salvini at sara.salvini@southeastpolk.org
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