

SEP Cross Country Camp

**August 29-
October 3 2022
\$65**

Grades 3-6

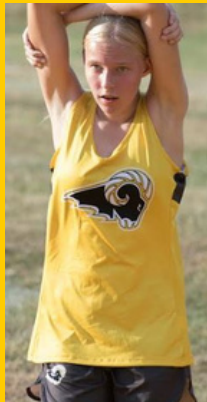
**Sessions are on Mondays with
the exception of Labor Day**

A non-refundable \$5 processing fee will be issued on requested
refunds



Students will complete drills and running workouts that will help prepare them for a camp-ending race of either 1 mile (3rd/4th grade) or 1.5 miles (5th/6th grades) Camp will conclude with a race on October 3 (rain date of October 4)

There will be no camp the week of Labor Day



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|---------------|------------------|-----|--------|
| Camper's Name | Grade in Fall | Age | School |
| Address | City, State, Zip | | |
| Home Phone | Emergency Phone | | |
| E-mail | | | |

Click [HERE](#) to Register online at RamMall, or send the completed form with your check payable to Southeast Polk High School.

contact

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