



Fall Sports Leagues

A 4-week program that includes weekly practice along with game play. The first half hour will consist of drill and station work, followed by a half hour of game play.

Soccer

Mondays: September 9th-30th

6:30-7:30PM

Ankeny Miracle League Field

Saturdays: September 7th-28th

8-9AM

Urbandale Miracle League Field

Saturdays: October 5th-26th

8am-9AM

Indianola Wilder Elementary

Saturdays: November 2nd-23rd

8-9AM, 9-10AM

West Des Moines Westridge Elementary

Power Soccer

Thursdays: September 26th- October 24th

6-7PM Power Soccer Practice

West Des Moines Valley Community Center

Flag Football

Saturdays: September 7th-28th

9-10AM (7-12 y/o)

Urbandale Miracle League Field

Team Sports:

8:00-9:00am

Adapted for those who may need additional assistance playing the game.

Chaamps:

9:00-10:00am

Designed for those that love sports but have been sidelined from games due to ADHD, Autism or Aspergers.

Cost:

\$45 Per 4 Week Session

Register Online or

Email info@courageleaguesports.com to register!

This is not a school district publication. It is being distributed through the school district as a community service of the district to inform you of other community activities or services available.

