Middle School Bowling

SEP Middle Schools!

Grades 6-8

Great Escape
655 NE 56th Street,
Pleasant Hill, IA

Starts Tuesday, April 2nd, 2019 from 4:15pm to 5:30pm

Practice schedule and program information packets will be distributed.



Join Your School's Team - NO CUTS - Have FUN

Short & Flexible 8 Week Program
No CUTS - ALL Students Make the TEAM
No one rides the bench - EVERYONE Bowls!

Get your friends together and join the team!







Bowling is America's #1 participation sport! 70 million people bowl each year! Everyone loves bowling, having fun, getting better & making new friends! It sure beats watching TV or spending hours on social media!

All Coaches are Level I
Certified by the Registered
Volunteer Program (RVP) &
Safe Sport certified.

More information on reverse side!

Program fee?

A one time bowler fee of \$49 pays for the entire program!
Need-based scholarships
are available.

This includes all bowling during practices, matches & select tournaments!

Uniforms and awards are also included!

WHY BOWL?

Joining your Middle School's

Bowling Team is a great way to
prepare for High School

Bowling opportunities that
exist in lowa!

High School bowling is the fastest growing high school sport in the country!

Now more than 250 colleges offer bowling as a sport with half of those now offering full or partial scholarships to student athlete bowlers!

When are practices?

Practice will be held on Tuesdays starting April 2, 2019 at 4:15pm. Practices will last approximately 1 1/2 hours.

Is transportation provided?

School transportation is not provided.

When are competitions?

Matches are held after school and will last approximately 1 1/2 hours.

Schedule TBD.

How many on a team?

Teams will be made up of 4-5 bowlers. We will put bowlers together to make teams if necessary!



Do I need to be a good bowler?

NO bowling experience necessary! Everyone makes the team!

Our coaches will make the program fun and you will become a better bowler!

In addition to the local Middle School competitions, teams and individuals may choose to participate in the Iowa Middle School State Championship!

Date: Saturday, April 27, 2019