



2018

**TOGETHER
WE CAN
CONFERENCE**

SATURDAY, MAY 5

IOWA STATE FAIRGROUNDS

PRESENTED IN PARTNERSHIP WITH
ASK Resource Center • Arc of Iowa • Center for Disabilities and Development

SPONSORED IN PART BY
UnitedHealthcare Community Plan of Iowa

CONFERENCE AGENDA

EDUCATION & TRAINING CREDIT

Social Workers, LMHC, LMFT, Peer Support, Behavioral Health and Substance Abuse Professionals can receive **5.25 credit hours** at a cost of \$10, payable to ASK Resource Center. **Foster Parents** can receive **5.0 credit hours** of Foster Parent Training Credit at no additional cost. **NOTE:** Certificates can be picked up in the Lobby at the end of the day.

EXHIBITORS LOCATED IN LOBBY & LOWER LEVEL HALLWAY

8:15 am—3:00 pm

See the Exhibitor Raffle form in your conference packet and find out how you can enter to win from over \$400 in prizes!

8:15—9:00 am

Lobby

REGISTRATION/CHECK-IN & CHILDCARE DROP-OFF

Sign in and pick up your conference packet and name badge.

9:00—9:15 am

**Upper
Level
West**

OPENING REMARKS & KEYNOTE INTRODUCTION

Emily Grabher, Help-a-Heart

9:15—10:15 am

MORNING KEYNOTE

Navigating a Two-Handed World... Single-Handedly

David Harrell, Actor & Public Speaker

David was born without his right hand. Many people see limitations. David learned to adapt and find success by not allowing his circumstance define him or his ability. His keynote has been recognized as a “captivating and transformational journey” that challenges each of us to look at our own lives, accept our own strengths and limitations but, above all, persevere with heart.

10:15—10:30 am

CONFERENCE BREAK

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| 10:15—10:30 am | | CONFERENCE BREAK | |
| 10:30—11:30 am | | 10:30 AM BREAKOUT SESSIONS | |
| ROOM A | The Power of Story | | |
| Self-Advocacy | <i>David Harrell, Actor & Public Speaker</i> | This workshop implements the use of story to bring awareness of our shared humanity, learning how the use of storytelling can improve communication. | |
| ROOM A1 | Challenges and Opportunities in Developing Self Advocates | | |
| Education | <i>Katie Smith, PEAL Center</i> | It is important to help youth build resilience and develop effective self-advocacy skills. Learn more about how to instill these skills, the importance of presuming competence, and providing opportunities for practice, with takeaways on how to view challenges differently. | |
| ROOM B | Engaging in the Legislative Process | | |
| Family Advocacy | <i>Amanda Devereaux, Parent & Registered Nurse</i> | Learn how CMV (Cytomegalovirus) legislation started in Iowa, and the work done to assist with getting the bill passed. | |
| ROOM C | Good Mood Food to Help You Stress Less! | | |
| Health & Well-being | <i>Erin Good, Hy-Vee</i> | Ease your stress naturally with nutrition. Hy-Vee Dietitian, Erin Good will identify foods that will help keep you focused, balanced and ready to conquer anything! | |
| ROOM D | Andrew F.: A Powerful IEP Tool | | |
| Disability Law | <i>Diana Autin, National PLACE</i> | This workshop will share tools and strategies to use the Andrew F. decision to raise expectations and improve services to children with disabilities. <i>This session will be repeated at 1:45 pm.</i> | |
| 11:30 am—12:30 pm | | LUNCH BREAK | |
| Pick up your boxed lunch at the west end of the Lower Level Hallway. | | | |

LUNCH BREAK

11:30 am—12:30 pm

Pick up your boxed lunch on the west end of the Lower Level Hallway.

12:30 PM BREAKOUT SESSIONS

12:30—1:30 pm

ROOM A

At Risk Of Being Awesome!

John Derryberry, Public Speaker & Storyteller

Self-Advocacy

The coolest people John has met have had life kick the crap out of them before age 14. We must see that these kids have something to teach the world.

ROOM A1

Smart Environments and Assistive Technology

Kim Karwal, Easter Seals

Education

Learn about the services provided by Easter Seals Iowa Assistive Technology Program and the variety of environmental home controls available to adapt your living space into a “smart” home.

ROOM B

Storytelling for Healing

Tammy Nyden, Mothers on the Frontline

Family Advocacy

This session, led by parents from Mothers on the Frontline, will discuss the power of storywork for healing and how it can help you become a more effective advocate for your child.

ROOM C

Connections Matter

Lora Kracht, Connections Matter

Health & Well-being

Science reveals that relationships help build healthy brains and communities. Reaching out to show a person that you care can be a life changer. Come to learn more about the science of the brain in trauma, Iowa ACEs data, and how you can help.

ROOM D

Medicaid and Managed Care: Grievances and Appeals

Cyndy Miller, Disability Rights Iowa

Disability Law

This session will discuss the grievance and appeals processes from managed care organization (MCO) decisions and the steps to navigate.

1:30—1:45 pm

CONFERENCE BREAK

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| 1:30—1:45 pm | | CONFERENCE BREAK |
| 1:45—2:45 pm | | 1:45 PM BREAKOUT SESSIONS |
| ROOM A Self-Advocacy | It's Your Story! Own It <i>John Derryberry, Public Speaker & Storyteller</i> Everyone has a story with the potential to inspire. The questions becomes how do we craft a story revealing our powerful authentic self. | |
| ROOM A1 Education | Andrew F.: A Powerful IEP Tool <i>Diana Autin, National PLACE</i> This workshop will share tools and strategies to use the Endrew F. decision to raise expectations and improve services to children with disabilities. | |
| ROOM B Family Advocacy | From Parents to Advocates to Leaders <i>Elena Hung & Michelle Morrison, Little Lobbyists</i> Little Lobbyists are families who organized to advocate for children with complex medical needs and helped put a face on health care policy. Learn about how this grassroots group uses the power of storytelling and organizing to affect change. | |
| ROOM C Health & Well-being | Nurtured Heart Approach®: Transforming Intensity <i>Stacie Lancaster, Nurtured Heart Approach</i> The Nurtured Heart Approach® is a set of strategies for helping children use their intensity (emotions and behaviors) in successful ways. | |
| ROOM D Disability Law | Exploring Different Skills Sets To Enhance Need <i>Edie Bogaczyk, Attorney</i> Focus beyond academic skills and explore whether other skill types can provide a benefit to the student whether at school or post-graduation. | |
| 2:45—3:00 pm | | CONFERENCE BREAK Bring your Exhibitor Raffle entry form to the Lobby by 3:00 pm. |

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| 2:45—3:00 pm | | <p style="text-align: center;">CONFERENCE BREAK</p> <p style="text-align: center;">Bring your Exhibitor Raffle entry form to the Lobby by 3:00 pm.</p> |
| 3:00—4:00 pm | Upper Level West | <p style="text-align: center;">AFTERNOON KEYNOTE</p> <p>Changing the World <i>Rylin Rodgers, Association of University Centers on Disabilities</i> Raising a child with disability or living with a disability makes you an expert. Learn more about how to share your story and expertise to impact policy.</p> |
| 4:00—4:15 pm | | <p style="text-align: center;">CONFERENCE WRAP-UP & RAFFLE PRIZE DRAWINGS</p> <p style="text-align: center;">Remain in the room for conference staff to collect evaluations and announce the five winners of the Exhibitor Raffle!</p> |
| 4:15—4:30 pm | | <p style="text-align: center;">CHILDCARE PICK-UP</p> <p style="text-align: center;">Children must be picked up no later than 4:30 pm. Thanks to the Easter Seals Child Development Center for providing a fun and inclusive environment!</p> |

PRESENTER BIOGRAPHIES

Listed alphabetically by last name

Diana Autin is the co-director of SPAN, New Jersey's Parent Training & Information Center, and the National Center for Family Professional Partnerships. She also serves as Director of the National Center for Parent Leadership, Advocacy, and Community Empowerment (National PLACE).

Edie Bogaczyk has worked as an attorney for 20+ years but has been an advocate her entire adult life. After working in a variety of non-traditional legal roles, Edie returned to the practice of law full time with the intention of working in an area that embraced her passion for disability rights, coupled with filling a community void and need for legal support in special education law. Edie and her husband David have a son and daughter both in high school. Their son was born with Prader-Will Syndrome and has been a student with an IEP for the past twelve years in the public school system.

John Derryberry is a public speaker and storyteller. He never fit the mold for an at-risk kid: He grew up in an upper middle-class family in an idyllic suburb, as the beloved son of happily married parents. Tragedy struck and John's life was forever changed.

Amanda Devereaux is a nurse home visitor for Maternal Child Health. Her daughter, Pippa was born with Congenital CMV. She is passionate about advocating for children and families affected by Congenital CMV.

Erin Good received her Bachelor of Science degree in dietetics from Iowa State University. She is passionate about guiding, motivating and helping others achieve a happy, healthy lifestyle.

David Harrell is an actor, speaker and disability advocate residing in New York City. He currently serves as the Disability and Programming Associate for the Alliance for Inclusion in the Arts and is a proud member of Actors' Equity Association. David uses his hysterical comedic sensibilities, powerful stories and a crazy cast of characters from his life's journey growing up with a disability to challenge audiences to not be defined by limitations or let circumstances peel away the core of their humanity.

Elena Hung is the President and Co-Founder of Little Lobbyists, a parent-led organization that advocates for children with complex medical needs. She is also a co-chair of Health Care Voter.

Kim Karwal is the Assistive Technology coordinator at Easter Seals Iowa. She supports Iowans with disabilities and provides assistive technology support statewide. Kim holds a Bachelor of Science degree from Iowa State University.

Lora Kracht works with Prevent Child Abuse Iowa and the Iowa Department of Public Health HIV Bureau. She works to build community partnerships and foster connections with Iowans working in the Trauma Informed field.

Stacie Lancaster is a parent of three grown boys, one with special needs. As a therapist and educator, she works with agencies, schools, businesses and parents across the state in learning and implementing the Nurtured Heart Approach®.

Michelle Morrison is the Secretary and Co-Founder of Little Lobbyists, a parent-led organization that advocates for children with complex medical needs. She is also a volunteer patient and family advisor at her local hospital.

Tammy Nyden is a mother of a child with mental illness. She teaches courses on mental health advocacy and policy at Grinnell College and serves on several state mental health committees. Tammy is also the Co-founder of Mothers on the Frontline, which promotes caregiver healing and children's mental health advocacy through storytelling.

Rylin Rodgers is the Director of Public Policy, Association of University Centers on Disabilities (AUCD) the nation's leading voice on disability. Before joining AUCD, Rylin worked for the Riley Child Development Center in Indiana, and was a founding board member of Family Voices Indiana. Her personal and professional experiences combine to provide a unique perspective on the impact of policy and of systems issues on the "end users." Rylin is passionate about translating the work of practitioners to policymakers while also ensuring that families understand how to access and affect the services that touch their lives.

Katie Smith works with the PEAL Center's Youth Leadership Development program and has previous experience working with students of all grades and abilities as a substitute teacher. She served as Ms. Wheelchair Pennsylvania, and encourages others to realize their unique experiences and empowers them to share those stories to create a climate of understanding. She serves on the board of Nickers N' Neighs Therapeutic Riding Center and is a member of the Pittsburgh SteelWheelers quadriplegic rugby and hand cycling teams.

ACKNOWLEDGEMENTS

Thank you to the partner organizations, sponsors, volunteers, exhibitors and attendees for being a part of the sixth annual Together We Can Conference! This one-of-a-kind, statewide event would not be possible without your continued support.

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