## SEP I rack & JUNE 26-28 \$55

## SEP Track & Field Camp

6-7:30p.m. SEP Stadium
Boys & Girls Grades 1st-8th









This camp is for boys and girls and will focus on acceleration, speed development, running mechanics, and basic technical aspects of track & field. Campers will participate in sprint, hurdle, relay, and field events. The camp will conclude with participants competing in several track & field events on Thursday night.

Camper's Name	Grade in Fall	Age	Schoo
Address	City, State, Zip		
Home Phone	Emergency Phone		
E-mail	Ci	rcle T-Shirt Size	
		uth M Youth L	Adolf XI

Click HERE to Register online at RamMall, or send the completed form with your check payable to Southeast Polk High School.

## contact

Jason Nolting 515.782.9254 jason.nolting@southeastpolk.org