

WINTER PROGRAMS

ONLINE REGISTRATION NOW AVAILABLE! PLEASANTHILLIOWA.ORG/REGISTRATION

Pre-K Art

Nurture your child's inner artistic curiosity as they explore various art techniques and creative experimentation with acrylic, mixed media, watercolor, sculpture, and collage. Projects will be engaging and focus on seasonal themes, beginning art fundamentals, a particular media or just plain messy. Come to create together and leave the clean up to us.

Location:	Pleasant Hill Public Library
Time:	11:30 a.m.
Dates:	Nov. 29, Dec. 20, Jan. 3, Feb. 7, March 21
Fee:	\$8/person/class
Age:	2 – 6
Deadline:	Nov. 28, Dec. 19, Jan. 2, Feb. 6, March 20



Tot Time

Want to get your little one out of the house to play? Come and play with us inside this winter! This program provides a place for care givers to bring their children to play in a safe and fun environment, and it's a great way to make new friends! This is not a structured play group, but rather an open space for kids to move around, play, laugh, and have fun! We provide the activities and care givers provide the supervision. Care givers are required to stay.

Location:	Doanes Park Youth Center
Time:	9:00-11:00 a.m.
Dates:	Fridays, December 8 - February 23
Fee:	Free
Age:	2 and up
	No Program Dec. 22 and 29

Healthy Shopping on a Budget

When was the last time your child sat down at the dinner table and said, "Thanks for this delicious plate of healthy food! Can I have seconds?" We can't promise this program will convert your picky eater into a healthy eater, but they should help your child make good food choices. Children will be given a pretend budget to shop for a pretend healthy meal. They will bring their choices back to the dietician to help them understand why their choices were good or if they need help. Children will become invested in the process and more likely to appreciate their meals!

Location:	Pleasant Hill Hy-Vee
Time:	4:00 p.m.
Dates:	Jan. 17
Fee:	Free
Age:	11-15



Martial Arts

Pleasant Hill Parks and Recreation will be offering martial arts classes beginning in December. Two sessions will be offered – Little Ninja (ages 4 – 6) and Family Karate (ages 7+). Martial Arts builds character while learning concepts of life protection. To register contact Greg Thorson.

Location:	Doanes Park Youth Center
Time:	Little Ninjas 6 p.m. – 6:30 p.m. Family Karate 6:30 p.m. – 7 p.m.
Classes begin:	Wednesday, December 6
For more information contact:	Greg Thorson 515-710-2342 or email gctkarateka@aol.com

Tumbling Tots

This 45 minute program is designed for kids ages 3 – 6 to explore large motor movements in a group environment; emphasizing balance and coordination through basic tumbling moves and exercises.

Location:	Doanes Park Youth Center
Dates:	Tuesdays, January 9 – February 13
Time:	Session 1: 9:00 a.m. – 9:45 a.m. Session 2: 9:50 a.m. – 10:35 a.m.
Fee:	\$10/child
Ages:	3-6
Registration Due:	January 9. Contact Melody Cook at hstumbling@gmail.com or 515.321.3809 to register

Babysitting Basics

Help your child be a great babysitter by expanding their skills and confidence to provide safe and responsible care when asked to babysit. Designed for students in fifth grade and above, this course teaches basic first aid, caring for infants and young children, meal preparation, and child development. Upon completion of the course, your child will receive a Babysitting Basics Certificate. Cost of the program includes lunch as well as some babysitting essential items. This class is for both boys and girls.

Location:	Doanes Park Youth Center
Time:	9:00 a.m. - 3:00 p.m.
Dates:	Jan. 13
Fee:	5th grade and above
Age:	\$30.00/student
Deadline:	January 5

WORKSHOP

Farmers' Market Vendor Training

Ready to bring your product to market? Learn how to take your crop, product, or idea and become a farmers' market success story. This program will be your guide to getting started in vending in Farmers' Markets. This workshop will help you gain information on marketing your products and branding your booth, presentation, display and customer service tips and tricks, rules and regulations, vendor-specific learning tracks to help you be your best, no matter what you sell.

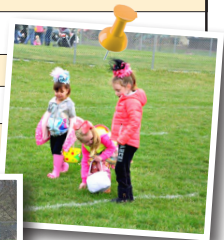
Location:	Pleasant Hill Public Library
Time:	6 - 7:30 p.m.
Dates:	Jan. 18 and Jan. 25
Fee:	Free
Age:	18+
Deadline:	Jan. 23



SAVE THE DATE

Easter Egg Hunt

Location:	Doanes Park
Time:	10:00 a.m.
Dates:	March 31
Fee:	Free
Age:	3 – 12



FOR MORE INFORMATION ABOUT THE CITY, PLEASE CALL (515) 262-9368 OR VISIT PLEASANTHILLIOWA.ORG

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Open Art Night

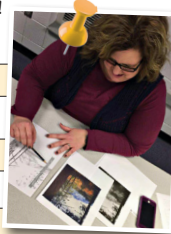
Join us once a month and be encouraged to explore art through a guided studio session. This class is open to all levels and will provide the necessary materials to complete the project for the evening. Feel free to bring a friend, snack, and non-alcoholic beverage, and enjoy an evening out.

Location:	Doanes Park Youth Center
Time:	7:00 p.m.
Dates:	Dec. 8, Jan. 19, March 16
Fee:	\$5/person/class (pay at the door)
Age:	16+
Register:	Email inspiremeartclass@gmail.com to reserve a spot

Open Art Night - Valentine's Day

Make this the most creative stop on your Valentine's Day evening! Enjoy this guided studio session with all the necessary materials to complete the project provided for the evening. This is a unique and artsy way to celebrate Valentine's Day with your significant other, double dates and groups, for girl's night out, or even a mother-daughter night on the town! This will be hosted in the Pleasant Hill Hy-Vee Market Grill. Feel free to purchase a drink, meal, or snack to enjoy during the session!

Location:	Hy-Vee
Time:	7:00 p.m.
Dates:	Feb. 16
Fee:	\$5/person (pay at the door)
Age:	16+
Registration:	Email inspiremeartclass@gmail.com to reserve your spot



Parents Night Out

Parents, take the night off! Drop the kids off at the Doanes Park Youth Center for a few hours of nonstop fun! We'll keep the kids busy from start to finish with lots of games and activities such as board games, arts and crafts. The activities are age appropriate. The kids will have a fun time and parents can take a break to go shopping, enjoy dinner and a movie or just quiet time at home. Pizza will be served for dinner. If your child has an allergy, please send their own dinner from home. Children must be potty trained to participate.

Location:	Doanes Park Youth Center
Time:	5 - 8:30 p.m.
Dates:	Dec. 16
Fee:	\$5/child
Age:	2 - 11 *MUST BE POTTY TRAINED*
Deadline:	Dec. 12

Learn to Cook

Pleasant Hill Hy-Vee will be offering four different cooking workshops! Learn to prepare sushi, Indian food, a vegan dish, and cake decorating! The chefs will demonstrate some of their delicious recipes while you follow along to make your own. The Chefs will help you improve your culinary skills. So, if you're looking to learn something new or how to cook dinner for your sweetheart this Valentine's Day, Registration opens December 4th.

Indian Cuisine: Jan. 6 | Sushi: Jan. 13 | Vegan Cooking: Jan. 20 | Cake Decorating: Feb. 3

Location:	Pleasant Hill Hy-Vee
Time:	11:30 a.m.
Dates:	Jan. 6, Jan. 13, Jan. 20, Feb. 3
Age:	18+
Deadline:	Dec. 30, Jan. 6, Jan. 13, Jan. 27
Fee:	Fees will vary between classes



EVENTS

Family Fun Night

Bring the whole family and have a blast at the Doanes Park Youth Center. Play BINGO, win prizes, and spend quality time with your family. Younger kids can practice their numbers and letters. No cash prizes and no blotters...this is a family event! Parents are encouraged to play with their children.

Location:	Doanes Park Youth Center
Time:	5 - 7:30 p.m.
Dates:	Dec. 2
Fee:	Free
Age:	All
Deadline:	No Pre Registration Required

Make and Take an Ornament

Join us for creative fun! Adults and children make holiday ornaments for your special tree! The annual Make and Take an Ornament allows families to decorate ornaments for their Christmas tree or give them as gifts. Refreshments will be served. The event is sponsored by the Pleasant Hill Public Library.

Location:	Doanes Park Youth Center
Time:	1 - 4:00 p.m.
Dates:	Dec. 3
Fee:	Free
Age:	All
Deadline:	No Pre Registration Required



Breakfast with Santa

Come and have breakfast with Santa! Pancakes, sausages, milk, and juice will be served (while supplies last). Children can enjoy breakfast, face painting, and a book fair. Don't miss any photo opportunities with Santa and friends.

Location:	Doanes Park Youth Center
Time:	8 - 11:00 a.m.
Dates:	Dec. 2
Fee:	Free
Age:	All
Deadline:	No Pre Registration Required



Giving Tree

Though the Month of December stop by and pin a pair of mittens and winter clothing on the tree or leave canned goods underneath the tree. These items will be donated to local organizations. The Tree is located in the Pleasant Hill Public Library.

National Ugly Sweater Day

Rummage through your closets, or borrow grandma's favorite cat sweater, we are looking for UGLY - Your UGLIEST holiday sweater! Whether it's decked out with jingle bells, donning Santa and his reindeer or decorated with a couple of menorahs, we love them all. So ham it up, accessorize and send us a photo of you wearing your ugliest creation. E-mail your ugly sweater photo to socialmedia@pleasanthillowa.org by December 11. All photos will be placed in an Ugly Sweater Photo Album on the City's Facebook page (@PleasantHillia). Post a link on your Facebook page and tell your friends to "like" City of Pleasant Hill and then your photo!



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