February 2024

IN THE LOOP WITH CONTRIBUTION OF THE





UPCOMING EVENTS <u>Feb- 1st Hearing</u> <u>Screenings</u> <u>Feb- 7th</u>

<u>Grandparents/Special</u> <u>Person's Day</u>

Feb- 10th-Spring Creek-Pancakes w/Super Heros

<u>Feb- 22nd,</u> 2nd & 4th Grade Music <u>Concerts</u>

> <u>March 24th</u> <u>Build It Up</u> <u>1-4pm</u>



Dear Parent or Guardian:

Heartland AEA will conduct hearing screenings this school year for kindergarten through 2nd grade and 5th grade students.

We encourage you to watch a 2½ minute video with your younger student showing what we do during a hearing screening. The video can be found at: <u>https://youtu.be/gaHiry9D7Jg</u>. It will help your student know what to expect when it's their turn to play the listening game!

Students who do not pass this initial screening may receive a recheck by the audiologist at school at a later date. Parents will be notified about the results only if the audiologist has a concern after recheck. This is a screening program and does not identify all hearing or ear problems. If your student has recently had hearing or ear problems, feel free to send this information to the school nurse to share with the audiologist.

If you do not want your student to receive a hearing screening, please notify the school. If there are any questions about the hearing screening program in your school, please contact your school nurse or principal.

Screening Date: January 24, 29 & February 1st Start time @ 9:15 Recheck Date: February 23 start time @ 9:15.

<u>This will be screenings for</u> <u>Pre-K, 1st, 2nd and 5th grade</u>

<u>Grandparents/Special</u> <u>Persons Day</u>

Date: 02/07/2024 Location: Centennial Elementary Time: 2:30pm-4:30pm We will have lots of fun activities, tours of the building and photo opportunities available for students and their guests.

Raffle Tickets for the upcoming Build It Up Day can be purchased early (6 for \$5 or 5 for \$5 on day of the event)

Get out of the cold and snow and help benefit the students of SEP!





Pancakes with Pikachu and other Super Heroes <u>SATURDAY, FEBRUARY 10, 2024</u> Spring Creek 6th Grade Center

Time: 8:00-11:00am

- Eat fluffy pancakes
- Talk to the Super Heroes
- Get a picture with the Heroes

Tickets:

- \$10.00 Adults
- \$8.00 SEP Students
- \$5.00 if you dress like a Super Hero
- (Cash or Credit Card)



Proceeds help fund the service learning projects completed by the student leadership groups at Spring Creek!

Sponsored by



<u>Feb - 22nd,</u> <u>2nd & 4th Grade Music Concerts</u> <u>Location : Centennial Gym</u>

<u>2nd Grade Arrival Time: 5:45pm</u> <u>Start Time: 6:00pm</u> <u>(Wear a white shirt or top if possible)</u>

<u>4th Grade Arrival Time: 6:45pm</u> <u>Start Time: 7:00pm</u> (Wear nice dress clothes if possible)

<u>For any questions , please email Mrs. Kellar at</u> <u>merri.kellar@southeastpolk.org</u>

Save the date for: Build it Up!

This is a STEM Fundraising event for Centennial Elementary PTA to assist with playground funding, Centennial Scholarships, and teacher projects

<u>March 24th (Sunday) from 1pm-4pm</u> <u>Where: Centennial Elementary</u>

Building theme activities include: Lego building competition, marble run room, card houses, craft room, hot wheels race room, build a boat to see if it floats.

If you know a business interested in being a sponsor for the event please have them contact one of the PTA members or send an e-mail to <u>amanda.tollari@yahoo.com</u> for details

Hello Centennial Families!

<u>I wanted to get our testing dates out to you this</u> <u>year as soon as possible, so we don't have students</u> <u>absent at these times. Please keep these dates in</u> <u>mind when scheduling appointments that would</u> <u>take your student out of the building.</u>

<u>Thank you for working with us to make sure your</u> <u>student is present!</u> <u>Mrs. Waddell</u>

Principal Mrs. Waddell



Mark Your Calendars !!!

August 28th - September 8th - Reading & iReady Math Assessments January 8th - January 19th - Reading & iReady Math Assessments May 6th - May 17th - Reading & iReady Math Assessments

ISASP (Iowa Statewide Assessment of Student Progress) for 3rd-5th grade students April 22nd - April 26th

Leader In Me

<u>The 7 Habits of Highly Effective People is one of the key frameworks of the Leader</u> <u>in Me process. The 7 Habits help students learn and apply communication,</u> <u>collaboration, critical thinking, creativity, and social-emotional skills.</u>

WEEK	MENU OPTION #1	OR	MENU OPTION #2
5	Habit 7: Sharpen the Saw Set a goal for physical activity as a family. Log the number of minutes you were active. Stop and reflect: Did you sleep better this week with all that exercise?	Tal	bit 1: Be Proactive ke a "strategic pause." Get a sip of water, etch, breathe in, and think of something ppy. When is a strategic pause helpful?
6	Habit 7: Sharpen the Saw Make a calendar for the week and tally the fruits and vegetables consumed each day. Reflect on your family's healthy eating habits.	Wr fan	abit 6: Synergize rite down the names of the members of your nily. Record two or three talents or strengths each person.
7	Habit 2: Begin With the End in Mind Draft a family mission statement by using exactly seven more words to complete this prompt: Our family mission is to commit daily to		abit 7: Sharpen the Saw
8	Habit 1: Be Proactive Try laying out your clothes each night before you go to bed. At the end of the week, reflect on this question: Did this help your week go more smoothly?	Try it n	bit Review y listing each of the 7 Habits. Discuss what neans to show each habit. Post the list in a ible spot.
9	Habit 4: Think Win-Win Make a t-chart. On the left, record ideas about what makes a bad teammate. On the right, record ideas about what makes a good teammate. What kind of teammate do you think you are and why?	Ma go	ake a calendar for the week and log the time you to bed and the time you wake up. Determine amount of sleep you get each night.
10	Habit 2: Begin With the End in Mind Reflect on the last quarter. What went well? How will you grow throughout the remainder of the year? Commit to one learning goal for the next quarter.		abit 3: Put First Things First scuss what it means to "procrastinate."



FOOD & NUTRITION SERVICES

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WHY DONATE?

Many families don't meet state Free & Reduced income guidelines & struggle to make school meal account payments.



Studies show that students who eat at school consume more of the daily requirements for whole grains, milk, fruits & vegetables.





Even the smallest donation can help ease the hardship for some of our SEP families.

PLEASE CO DONATING TO HEL STUDENTS!

CONSIDER HELP OUR