# A FAMILY NEWSLETTER FOR DAILY HAPPENINGS 



## ON THE CALENDAR

- 6th-10th: School Counselor's Week
- 7th: PTA Meeting 6:30pm
- 14th: Valentine's Day
- 18th: Pancakes with

Superheros! Proceeds go to support our Delaware STEM room!

- 20th: Arby's Altoona Spirit Night
- 24th: Lighting Up Our Leaders Glow Dance! 5:30-7:30pm


## LEADER IN ME - HABIT 5: SEEK FIRST TO THEN TO BE UNDERSTOOD

When we Seek First to Understand, Then to Be Understood, we have a mindset of win-win. We act with consideration as we seek to understand the other person's point of view. We act with courage as we express our own views with clarity and respect.

## HABIT 5 AT HOME:

- Mood Charades: Write several different emotions on different pieces of paper and put them in a box. Have each family member draw a paper from the box and act out the mood that they picked. The other family members need to guess what emotion is being acted out. Point out that you can learn a lot about what others are trying to say by using your eyes to watch their faces and emotions.
- Below you will see a list of book examples to read with your child(ren) that are aligned to Habit 5:
- Rules by Cynthia Lord
- The Runaway Bunny by Margaret Wise Brown
- The True Story of the Three Little Pigs by Jon Scieszka
- Veronica Knows Best by Nancy Robinson


## LIGHTING UP OUR LEADERS!

Join us on February 24th for a Glow Dance at Delaware Elementary from 5:30pm7:30pm! Cost is $\$ 5$ per person or $\$ 15$ for a family. Glow sticks will also be handed out at the door upon entry! We will have a DJ, games, and fun for the entire family. Food and drinks will be available for purchase. Money raised will directly impact our students and Leader in Me opportunities.


VALENTINE'S DAY PARTIES ARE DETERMINED BY CLASSROOMS. TEACHERS SHOULD BE REACHING OUT TO FAMILIES REGARDING DETAILS!

## CONNECT WITH DELAWARE

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