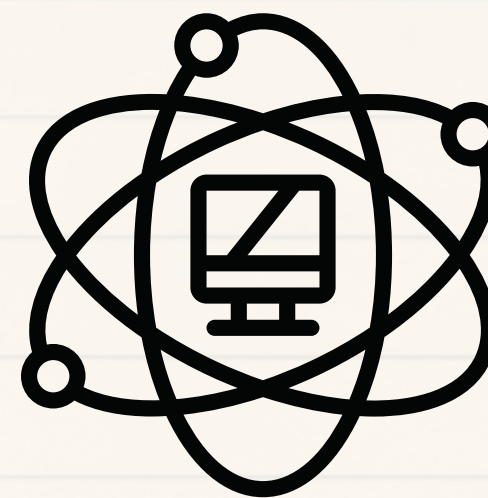




FOUR MILE'S



EXTENDED

CORE

NEWSLETTER





P.E. WITH COACH KRUSE

THE YEAR IS OFF TO A GREAT START AND I HOPE THAT YOUR CHILDREN ARE TELLING YOU ALL ABOUT THE FUN THINGS GOING ON DURING PE CLASS. A QUICK REMINDER—STUDENTS MEET TWICE A WEEK FOR PE AND TENNIS SHOES ARE HIGHLY ENCOURAGED. WE HAVE BEEN SEEING SOME FOOTWEAR NOT CONDUCIVE TO EXERCISE. PE IS ALL ABOUT BEING ACTIVE, WHILE ALSO BEING SAFE. LET ME KNOW IF YOU NEED HELP GETTING SHOES FOR YOUR CHILD.

LOOKING AHEAD, K-2 WILL CONTINUE TO LEARN ABOUT SAFE SPATIAL AWARENESS DURING LARGE GROUP PLAY AND EXPERIMENTING WITH BASIC AND ADVANCED LOCOMOTOR SKILLS. I CONTINUE TO BE AMAZED AT THE PARTICIPATION LEVEL OF YOUNG CHILDREN AND HOW MUCH THEY LOVE TO MOVE.

GRADES 3-5 WILL BE CONCENTRATING A LARGE PORTION OF THEIR TIME FOR FITNESS TESTING. A FEW ASSESSMENTS COMING UP WILL BE 1) THE PACER, WHICH TESTS CARDIOVASCULAR ENDURANCE, 2) SHUTTLE RUN, WHICH ASSESSES SPEED IN A SHORT DISTANCE, AND 3) TIMED SIT UPS, WHICH TESTS YOUR CORE STRENGTH.

FINALLY, ASK YOUR CHILD IF THEY KNOW WHAT "SHOW ME 3" MEANS IN PE. A CRITICAL PART OF LEARNING IS THE ABILITY TO LISTEN. WE CONTINUALLY STRESS THE "SHOW ME 3" WHICH IS A QUIET BODY, QUIET VOICE, AND EYES ON THE TEACHER. GREAT LISTENING USUALLY MEANS A GREAT EXPERIENCE IN PE.



MUSIC WITH MISS.D

Concert Dates

Kindergarten- Friday May 24th, @12:30pm
 1st Grade - Thursday April 4th, @6:00pm
 2nd Grade- Thursday, December 7th @6:00pm
 3rd Grade- Thursday December 7th, @7:00pm
 4th Grade- Thursday April 4th, 7:00pm
 5th Grade- Friday May 24th, @2:00pm



KINDERGARTEN

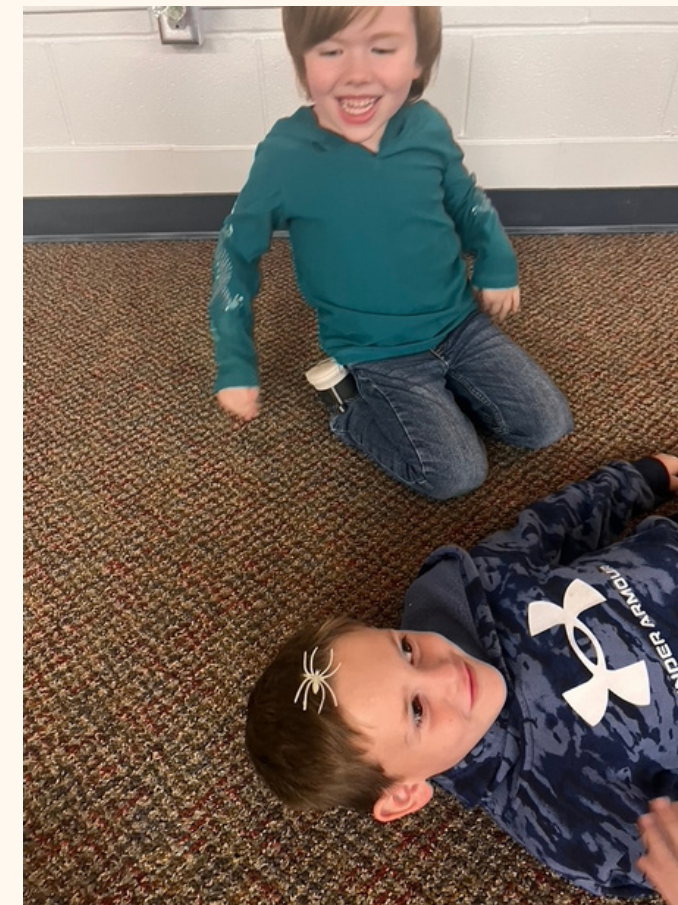
STUDENTS ARE PRACTICING USING THEIR SINGING VOICE THROUGH VOCAL EXPLORATION AND ARE PRACTICING CALL AND RESPONSE THROUGH SIMPLE SONG. STUDENTS ALSO GOT TO EXPERIENCE A FUN SPIDER ACTIVITY THAT INVOLVED SELF CONTROL AND FOLLOWING DIRECTIONS.

1ST GRADE

STUDENTS ARE EXPLORING THE MOVEMENTS THEIR BODIES CAN MAKE TO DIFFERENT TYPES OF MUSIC. THEY ARE ALSO WORKING ON RENAMING THEIR LONG AND SHORT SOUNDS TO "TAH" AND "TAH-DI".

2ND GRADE

STUDENTS ARE WORKING HARD TO PREPARE FOR THEIR CONCERT " A SMORGASBORD OF SONG" ON DECEMBER 7TH. ENCOURAGE YOUR CHILD TO PRACTICE THEIR SONGS AT HOME ON THEIR GOOGLE CLASSROOM!



3RD GRADE

STUDENTS ARE WORKING HARD TO PREPARE FOR THEIR CONCERT " A MAGICAL NIGHT" ON DECEMBER 7TH. ENCOURAGE YOUR CHILD TO PRACTICE THEIR SONGS AT HOME ON THEIR GOOGLE CLASSROOM!

4TH GRADE

STUDENTS ENJOYED OUR INSTRUMENTS ROTATIONS THIS MONTH TO THE SONG "PASS THE PUMPKIN". THEY GOT TO PLAY, EGG SHAKER, RHYTHM STICKS, TRIANGLES AND DRUMS.

5TH GRADE

STUDENTS ENJOYED OUR INSTRUMENTS ROTATIONS THIS MONTH TO THE SONG "PASS THE PUMPKIN". THEY GOT TO PLAY, EGG SHAKER, RHYTHM STICKS, TRIANGLES AND DRUMS. STUDENTS ARE ALSO WORKING HARD TO PREPARE THE NATIONAL ANTHEM FOR OUR VETERAN'S DAY ASSEMBLY.



ART WITH MRS. MURPHY



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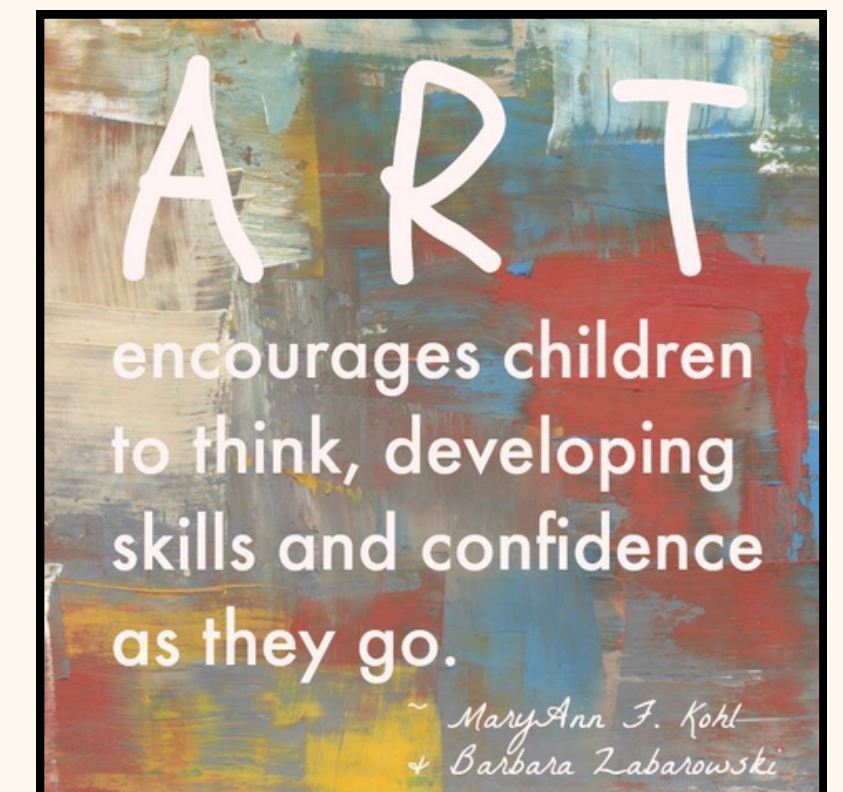
Fourth Grade Embroidery:

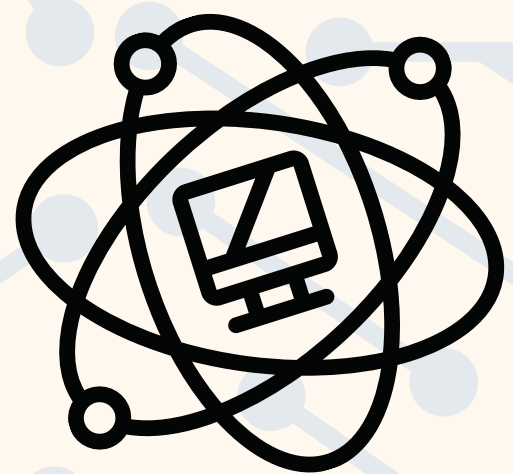
Students from Miss P's class are showing off their beautiful embroidered mandalas!



The embroidered mandalas were a big hit! Many of the students want to make more embroidery projects at home. It's easy & it does not require a lot of materials: burlap, yarn, & a darning (dull) needle. If you want to learn more, YouTube videos by "Penguin & Fish" demonstrate many different embroidery stitches for beginners! Here is a link to one of their videos: [Backstitch](#)

Upcoming
Projects:
All grade levels
will begin a
clay project
in November!





MEDIA & LIBRARY WITH



MRS. BARTELS

Our Journey Inside a Computer

All Four Mile students learned about CPU's, GPU's, ROMs, RAMs and Motherboards. Be sure to ask your child about what the inside of a computer looks like! **3rd-5th Graders** had the opportunity to open desktop towers and dissect the enteral pieces.

K-2nd Graders used the story "Hello Ruby A Journey Inside a Computer" and three huge posters to help visualize the inside of their chromebooks.

Finding the Love of Reading

Does your child bring home a library book they are excited to read?

2nd-5th Graders were introduced to a wish list feature on the library catalog system. **3rd-5th graders** were then sent on a Scavenger Hunt to find books based on a given call number.

K-2nd Graders have heard me read some Goldfinch Award books to help ignite the love of reading.