

IN THE LOOP WITH Q



CENTENNIAL

Updates for Centennial Elementary Families





UPCOMING EVENTS

April 10th-Cookie Dough Fundraiser Orders Due

April 25th 5th Grade Band
Concert

April 30th -Kindergarten Parent Meeting





- thank you

End Date Wednesday, April 10, 2024 **Delivery Date** Thursday, May 2, 2024

| Seller Name: Seller Phone: | | | S Chocolate Chip | Oatmeal Cranberry White Chunk | Peanut Butter | Snickerdoodle | Triple Chocolate | ALLERGEN NOTICE: Check our website for ingredient and allergen information. | |
|---|--------------|-----------------------|---|-------------------------------|----------------|---------------|---|---|--------|
| Organization: | | | | | | | | | |
| Checks Payable To: | | | | | | | | | |
| Bake all or just a few. This freezer-to-oven dough is ready to bake whenever you are! | | | | | | | | | |
| | Name | Phone | \$18.00 | \$18.00 | \$18.00 | \$18.00 | \$18.00 | items | \$\$\$ |
| | 1. | , | - | Ţ_G,GC | 7 20.00 | , Jacobs | ,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,, | | |
| Product Information: Each 2.5 lb. package of pre-portioned cookie dough contains 40, 1 oz. cubes. Bake all or just a few! MY GOAL: | 2. | | | | | | | | |
| | 3. | , | | | | | | | |
| | 4. | | | , | | | | | |
| | 5. | | | | | | | | |
| | 6. | | | | | | | | |
| | 7. | | | | | | | | |
| GROUP GOAL: | 8. | | | | | | | | |
| | 9. | | | | | | | | |
| | 10. | | | | | N. | | | |
| FUNDRAISER PURPOSE: | 11. | | | | | | | | |
| | 12. | | | | | | | | |
| | 13. | | | | | | | | |
| WE | 14. | | | | | | | | |
| | 15. | | | | | | | | |
| | 16. | | | | | | | | |
| | Any Question | s? Please Contact Us! | CC | ОС | РВ | SN | TC | Items | \$\$\$ |



Toll Free: 877.282.7917



When: Thursday, April 25th.

Where: High School Auditorium.

Arrival Time: 5:30pm.

Concert Time: 6:00.

(Students are to report to the high school band room by 5:30pm the evening of the concert. The students should "dress in their best" for the concert).



Hello Centennial Families!

I wanted to get our testing dates out to you this year as soon as possible, so we don't have students absent at these times. Please keep these dates in mind when scheduling appointments that would take your student out of the building.

Thank you for working with us to make sure your student is present!

Mrs. Waddell

Principal Mrs. Waddell



Mark Your Calendars !!!

August 28th - September 8th - Reading & iReady Math
Assessments

January 8th - January 19th - Reading & iReady Math Assessments

May 6th - May 17th - Reading & iReady Math
Assessments

ISASP (Iowa Statewide Assessment of Student
Progress) for 3rd-5th grade students
April 22nd - April 26th

April 30th 2024/25 Kindergarten Parent Meeting, located in the Gym from 5:30pm to 6:30pm at Centennial Elementary.

This is a parent only meeting.



It's getting to be that time of year! Shorts and Sandals/Flip Flops: Our guidelines for wearing shorts and sandals to school are >wind chill temps of 50 degrees or above. I understand some like to wear shorts for PE which is fine as long as they wear long pants until and as well after PE

Nurse: Snethen



For any question or concerns please email Amber.snethen@southeastpolk.org

Leader In Me

The 7 Habits of Highly Effective People is one of the key frameworks of the Leader in Me process. The 7 Habits help students learn and apply communication, collaboration, critical thinking, creativity, and social-emotional skills.

| WEEK | MENU OPTION #1 | OR MENU OPTION #2 |
|------|--|--|
| 11 | Habit 4: Think Win-Win Define "courage." Identify people in your family or community who are courageous. | Habit 7: Sharpen the Saw Try giving up video games for a week. List activities you do instead of playing video games. |
| 12 | Habit 1: Be Proactive Think about the last time you got mad or upset and said something unkind. Share an idea for a more proactive response. | Habit 6: Synergize Think about a skill that you'd like to learn from someone in your family. Take time to learn and practice that skill this week. |
| 13 | Habit 4: Think Win-Win Try to go one full day without sulking, pouting, or feeling sorry for yourself. Were you able to do it? Why or why not? What did you get upset about? What could you do to make it a win-win situation? | Habit 2: Begin With the End in Mind Find a quote that shows what your family values. |
| 14 | Habit 3: Put First Things First Make a chart for a week that shows important tasks you complete daily, such as chores, homework completion, and exercise. Update the chart with a check to show that you completed the task or a dot to show that you did not complete the task. Reflect on how you did at the end of the week. | Habit 7: Sharpen the Saw Find a place in your home, outside, or nearby that you think is restful. Sit there and reflect or meditate for 5 minutes each day. Did you think about things that have already happened, things you hope will happen in the future, or both? |
| 15 | Habit 5: Seek First to Understand, Then to Be Understood Define "empathy." Discuss ways to show empathy when others feel sad, hurt, or disappointed. | Habit 2: Begin With the End in Mind Write a statement about what you want to accomplish in your life. Talk about how your family and community can help you with those dreams. |
| 16 | Habit 4: Think Win-Win Define "consideration." Identify people in your family or community who are considerate. | Habit 3: Put First Things First Try limiting screen time to just 30 minutes per day and focusing on your Big Rocks. Reflect each day on the Big Rocks you prioritized instead of screen time. |



Give a little. Help a lot. Donate today.



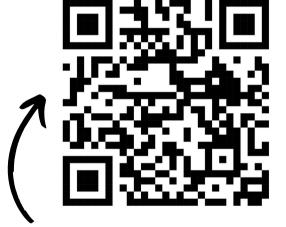
WHY DONATE?



Many families don't meet state Free & Reduced income guidelines & struggle to make school meal account payments.



Studies show that students who eat at school consume more of the daily requirements for whole grains, milk, fruits & vegetables.



Scan here to donate now!



Even the smallest donation can help ease the hardship for some of our SEP families.



PLEASE CONSIDER DONATING TO HELP OUR STUDENTS!